

**Client Questionnaire – Are You and/or Your Spouse a Candidate for
Mediation or Collaborative Divorce?**
(From *The Collaborative Way to Divorce*)

| (1) Strongly Disagree | (2) Disagree | (3) Neutral | (4) Agree | (5) Strongly Agree |
|-----------------------------|-----------------|----------------|--------------|--------------------------|
|-----------------------------|-----------------|----------------|--------------|--------------------------|

My ability to achieve a successful outcome in the divorce primarily will depend on the decisions I make during the process

○ ○ ○ ○ ○

In order to achieve my most important goals, I am willing to let go of some smaller short-term issues, even though it may be very hard to do so.

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I am capable of making the emotional commitment necessary to achieve the best possible outcome.

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I am not afraid of or intimidated by my spouse.

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I am willing to try to see things from my spouse's point of view in order to help achieve the best possible outcome.

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I believe it is possible for my spouse and me to restore enough trust in each other to achieve a successful outcome.

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I am willing to commit myself fully to resolving the issues through the collaborative process by working toward common interests rather than simply arguing in favor of my positions.

○ ○ ○ ○ ○

It is important to me that my spouse and I maintain a respectful and effective relationship after the divorce.

○ ○ ○ ○ ○

I have accepted the fact that this divorce is going to happen.

○ ○ ○ ○ ○

I believe that it is very important that our children maintain a strong, healthy relationship with both parents.

○ ○ ○ ○ ○

TOTAL POINTS _____

Answer:

- **40+ Points:** Very high chance the collaborative or mediation process is right for you
- **30-40 Points:** You are a good candidate for the collaborative or mediation process
- **20-30 Points:** You may be able to engage in the collaborative or mediation process, but a lot of prep work would be required to make these processes successful. It is also possible that collaborative divorce or mediation is not right for you.
- **0-20 Points:** It is likely that you'll become frustrated with the collaborative or mediation processes. It may still be possible to settle your case out of court, but without a significant shift in circumstances or mindset, it is unlikely that the collaborative or mediation processes will make you feel as though you've accomplished your most important goals. You may want to consider other options for your divorce.